

Surgical Associates of Fredericksburg
(540) 373-2244

DISCHARGE INSTRUCTIONS
Peritoneal Dialysis Catheter (PD Cath)

Medications:

1. Resume all regular medications that you were taking prior to surgery.
2. Percocet has been prescribed for pain. You may take one table every 4 hours if necessary for pain. Percocet will cause constipation.
3. To prevent constipation you should take a stool softener such as Citrucel, Colace, Metamucil or Surfak daily while you are taking Percocet. These are available over the counter. You may take any laxative you choose or use a Fleet's enema if necessary.

Wound Care:

Your incision is covered with a dressing. Keep the dressing dry and the catheter secure to the abdomen. Do not remove the dressing. If the dressing becomes saturated, contact the dialysis center or my office. You should call the dialysis center the day of surgery to make an appointment to have the catheter flushed. Notify me if you develop any drainage, or signs of infection such as fever or chills.

Diet: Resume your usual diet.

Activity:

Do not lift anything greater than 15 pounds for 6 weeks after surgery. You should not drive, operate any machinery or drink any alcoholic beverages for 24 hours or until you are no longer taking Percocet.

You may return to work / school _____

Follow-up Appointment:

Please call our office (540) 373-2244 and make an appointment for about two weeks from your date of surgery, if one has not already been made for you prior to discharge from the surgery center/hospital. If you have problems before your appointment time, you can reach me or one of my associates at any time by calling the office number.

Remember to call the dialysis center and make an appointment to have your catheter flushed.